

Notes from the Knoll

Winter 2015

Volume 1, Issue 2



Upcoming Events:

- ◆ Music of A Sharp & 2 Flats - last Tuesday of every month at 2pm
- ◆ Auxiliary Bake Sale 2/13 in the Cobblestone Store 9:30am - ?
- ◆ Music of Bobby Solberg from Nashville 2/15 at 1:30pm
- ◆ Fat Tuesday Cinnamon Roll Sale 2/17 - 9am!
- ◆ Birthday Celebrations: January 29th, February 26th, March 26th at 1:30pm
- ◆ March 22nd - Annual Memorial Service - 1:30pm
- ◆ April 7th—Big Bass Trio at 6:30pm
- ◆ April 25th 9am-2pm RK Auxiliary Brat Fry at Piggly Wiggly in Plymouth
- ◆ We are still looking for Bingo donations for 2015! For just \$10 a week your family or business can help!
- ◆ Contact the Life Enrichment Department with any concerns or requests at 449-1240 or email djacoby@rockyknoll.net.

Residents and Families Enjoy an Evening with St. Nicholas

The holiday season kicked off with a visit from jolly old St. Nicholas on the evening of December 5th. Many residents and families of staff and residents enjoyed Christmas cookies, hot cocoa and a



Above: Santa and Betty

reading of "The Night Before Christmas" by Santa. There was also a coloring contest and stuffed animals were given to all children in attendance. Life Enrichment staff were dressed as elves to complete the evening. Great fun was had by all!



Life Enrichment Staff: L to R: Deb, Santa, Tami, Kate and Morgan

Rocky Knoll Calendars Highlight Residents and Music

Former Rocky Knoll Intern, Morgan Scharine, had a mission—to create a calendar highlighting residents. The inspiration came from another facility that designed a monthly calendar featuring their residents in movie settings. Since Rocky Knoll has become known for their premier Music & Memory Program, a program that utilizes iPods and personalized playlists for residents with memory impairment, Morgan incorporated iPods into every month. Resident Jim Platz is featured in the month of February with the song, "Let Me Call You Sweetheart." If you are interested in purchasing a 2015 Rocky Knoll calendar or becoming involved in the Music & Memory Program, contact Life Enrichment, at 449-1240. Calendars cost \$10.



Successful Christmas Tree Decorating Contest



We all know that our special employees and volunteers have tons of creative talent. This year we decided to utilize that talent and make Rocky Knoll's Christmas trees the best decorated EVER! So we held an Adopt-A-Tree Contest. 11 full sized trees were decorated beautifully by various staff and volunteers. Each tree had a unique theme and creative decorations. First place winner was the Woodland Village tree with a cooking theme decorated by Anne S and Kathy L, second place was the Family Lounge tree with a gold and brown theme done by the LE department, and third place went to the Elf tree in the Activity Room done by Cookie and Laurie. All winners received a Walmart gift card. Themes

What is Optum?

Rocky Knoll has partnered with United Health Care and Medicare to provide Optum services here at Rocky Knoll. This means more personalized care, more benefits, and more services at no additional premium beyond original Medicare and Medicare Part D premiums.

Optum provides health care coverage and services for people who have long-term or advanced illness, are older or have disabilities, whether they live alone, with family or in a facility like Rocky Knoll.

They offer health plans with extra benefits and services designed to bring care to those who need it most, including: kidney

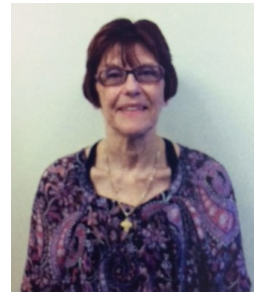
disease, dementia and other medical conditions requiring ongoing care nearing the end of life.

With Optum health plans, residents get access to an Optum Nurse Practitioner. Our Optum Practitioner is Hedy Schweitzer. She visits Rocky Knoll and works closely with the resident, the resident's family, the doctor and nursing home staff to help make sure residents get personalized care.

Hedy can order necessary lab work, conduct examinations, prepare treatment plans and write prescriptions. Much of the time, a resident can avoid unnecessary transport to a medical facility and receive

care here directly at Rocky Knoll.

If you are interested in signing up for the Optum program, contact Gwen Culbertson, Sales Account Manager at 920-639-6801 or gwen_culbertson@optum.com.



Rocky Knoll Mourns the Passing of Mike Erdmann

On Saturday, January 3rd, Rocky Knoll lost a dedicated employee. Mike Erdmann passed away at St. Luke Medical Center in Milwaukee from complications of pneumonia. Mike was a dedicated nursing assistant and worked at Rocky Knoll for 29 years. Many residents, families and staff recall Mike's humble, compassionate personality, and his willingness to go the extra mile. Mike leaves behind a wife, Julie, and two daughters, Ayla and Mariah. He was an active member of Grace Lutheran Church in Elkhart Lake, where he worked with the Youth Group, served as a Trustee, ushered, and was a member of the Choir. In his free time he was active with the 4-H clubs, loved all kinds of music, especially attending live concerts in the park, and camping with his family. A memorial service was held January 10th at Grace Lutheran church and officiated by Pastor Peitsch. Mike is truly missed!

Thank You!!!!

A BIG thank you to all of the various individuals, volunteers, staff, family members and community groups that donated items or talents to our residents during the holiday season. Each resident received a personalized bag of toiletries, treats and items all donated to Rocky Knoll. Your generosity this Christmas season has made the season more enjoyable for those living at Rocky Knoll. Thank you for your thoughts during the Christmas season as well as throughout the year. We are truly blessed to have your support for our facility and its programs.



Boy and Girl Scouts caroling on 1 North.